

JULY



2016

Mon	Tue	Wed	Thu	Fri
Art Gallery Opening Outer Cape White-Line Printmakers FRIDAY, JULY 8 5:00-7:00 pm				1 Strength Training 9:00-10:00 White Line will resume in the Fall.....
4 HOLIDAY COA CLOSED IN OBSERVANCE OF INDEPENDENCE DAY	5 Men's Exercise Class 10:45- Women's Reflections 6:30	6 Tai Chi 8:30 Strength Training 9:00-10:00 Coffee Hour 10:00 Adult Coloring Class 10:00 COA CAFÉ 12:30	7 CORE 11-12:00 PACE 12:30-1:30 CANCELLED Mahjongg 1:00-4 Tea Time 1:30	8 Strength Training 9:00-10:00 Mystery Book Club 12:30-1:30 Outer Cape White-Line Printmakers Opening 5:00-7:00 pm
11 Strength Training 9:00-10:00 Memoirs Writing Group Truro Public Library 10:30	12 Men's Exercise Class 10:45-CANCELLED HOME MODIFICATION PROGRAM 1:30 Women's Reflections 6:30	13 Tai Chi 8:30 Strength Training 9:00-10:00 W/ Kathy Stetson Coffee Hour 10:00 Adult Coloring Class 10:00 COA CAFÉ 12:30 Free Legal Assistance (By Appointment)	14 CORE 11-12:00 PACE 12:30-1:30 Mahjongg 1:00-4 Tea Time 1:30	15 Strength Training 9:00-10:00
18 Strength Training 9:00-10:00 Memoirs Writing Group Truro Public Library 10:30	19 Men's Exercise Class 10:45 Women's Reflections 6:30	20 Tai Chi 8:30 Strength Training 9:00-10 Coffee Hour 10:00 COA CAFÉ 12:30 Adult Coloring Class 10:00 Story Swap 11:00	21 NEW DAY & TIME Bereavement 10:00-11:30 CORE 11-12:00 PACE 12:30-1:30 Mahjongg 1:00-4 Tea Time 1:30	22 Strength Training 9:00-10:00 Dr. Campo (Appointment only)
25 Strength Training 9:00-10:00 Memoirs Writing Group Truro Public Library 10:30	26 Men's Exercise Class 10:45 Women's Reflections 6:30	27 Tai Chi 8:30 Strength Training 9:00-10:00w/Kathy Stetson COA CAFÉ 12:30 Coffee Hour 10:00 Adult Coloring Class 10:00	28 CORE 11-12:00 PACE 12:30-1:30 Mahjongg 1:00-4 Tea Time 1:30	29 Strength Training 9:00-10:00 LINE DANCING 11:00